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## Our God, Our Help in Ages Past

*Lord, you have been our dwelling place throughout all generations. Ps. 90:1*

1. Our God, our help in a - ges past, our hope for years to come,  
 2. Un - der the shad - ow of your throne your saints have dwelt se - cure;  
 3. Be - fore the hills in or - der stood, or earth re - ceived her frame,  
 4. A thou - sand a - ges in your sight are like an eve - ning gone;

our shel - ter from the storm - y blast, and our e - ter - nal home:  
 suf - fi - cient is your arm a - lone, and our de - fense is sure.  
 from ev - er - last - ing you are God, to end - less years the same.  
 short as the watch that ends the night be - fore the ris - ing sun.

5. The busy tribes of flesh and blood,  
 with all their lives and cares,  
 are carried downward by your flood,  
 and lost in foll'wing years.

6. Time, like an ever-rolling stream,  
 bears all its sons away;  
 they fly forgotten, as a dream  
 dies at the op'ning day.

7. Our God, our help in ages past,  
 our hope for years to come:  
 O be our guard while troubles last,  
 and our eternal home.

